

PRACTICE WORKBOOK

CLASS 12

Political Science

Six selected-topic units with original lessons, scenarios and reasoned answers. All fictional scenarios and datasets are labelled. Supplementary school practice, not a complete syllabus or official examination.

**6 practice units****36 tasks with answer guidance**

Name / नाम: _____

Original selected-topic practice. Use alongside school lessons and the prescribed textbook. The contents define this book's scope.

UNIT 01 / 06 · LEARN & TRY

End of bipolarity and changing centres of power

Name: _____ Date: _____

Goal: Explain bipolarity's end and compare economic, military and institutional power.

Learn

Bipolarity describes an international system organised around two dominant power blocs. The dissolution of the Soviet Union in 1991 altered that structure, but did not remove conflict or establish one permanent pattern for all later relations. Power includes economic, political, military and institutional dimensions; a state or regional grouping can be strong in one dimension and limited in another. Compare changing centres of power using clearly stated criteria rather than a single league table. Historical explanation should distinguish immediate events, longer-term processes and consequences for different societies. Avoid treating a large economy as automatically equivalent to unrestricted military influence, or the end of a bloc as the end of international inequality. State the relevant concept, apply it to the case and evaluate a competing argument. Distinguish a constitutional principle from a particular political outcome. Support your conclusion with reasons; disagreement is acceptable when the argument respects the evidence and addresses the question.

Worked example

Worked comparison: A fictional grouping has major trading influence but its members disagree on foreign policy. It can exert economic leverage while struggling to act as a unified diplomatic actor. The answer should specify the dimension of power instead of calling it either simply “powerful” or “weak”.

UNIT 01 · APPLY & EXPLAIN

End of bipolarity and changing centres of power

4. Why does the end of bipolarity not logically imply the end of conflict? [3 marks]

5. Original fictional argument: The largest economy must control every diplomatic outcome. Evaluate using two dimensions of power and one constraint. [4 marks]

6. Compare regional groupings using a method that avoids a vague strongest ranking. [4 marks]

Show your thinking with a drawing, diagram or explanation.

Pause & reflect

What can I explain now? What will I try again?

☐ I tried ☐ I explained ☐ I checked



UNIT 01 · ANSWER GUIDANCE

End of bipolarity and changing centres of power

1. It removed one of the two dominant Cold War poles, changing the structure of international power and associated blocs.
2. Economic resources can support trade influence while separate defence decisions limit collective military action. Power is multidimensional.
3. Event: dissolution in 1991. Process: longer economic and political pressures and reforms. Consequence: successor states and altered international power relations. The categories are related but not interchangeable.
4. Rival interests, territorial disputes, domestic conflicts and unequal power can persist beyond the two-bloc structure. Removing that structure does not remove every source of tension.
5. Economic size can influence trade and finance, but military capacity and institutional alliances also matter. Other states' interests and collective decisions constrain outcomes; no single indicator proves unrestricted control.
6. Specify period and criteria such as trade coordination, decision rules, diplomatic unity and defence cooperation. Compare evidence for each grouping under the same criteria and conclude with strengths and limits rather than one unsupported overall rank.

Teaching note

Every statement about power should say which dimension and which period it concerns.

Curriculum reference: [https://cbseacademic.nic.in/web_material/CurriculumMain27/SecPart2/](https://cbseacademic.nic.in/web_material/CurriculumMain27/SecPart2/PoliticalScience_SecP2_2026-27.pdf)

PoliticalScience_SecP2_2026-27.pdf

Selected units; outcomes are publisher-defined. Practical, project and prescribed literature requirements must also be studied through school.