

PRACTICE WORKBOOK

CLASS 11

Sociology

Six selected-topic units with original lessons, scenarios and reasoned answers. All fictional scenarios and datasets are labelled. Supplementary school practice, not a complete syllabus or official examination.



6 practice units
36 tasks with answer guidance

Name / नाम: _____

Original selected-topic practice. Use alongside school lessons and the prescribed textbook. The contents define this book's scope.

UNIT 01 / 06 · LEARN & TRY

Sociological questions: individuals and social relations

Name: _____ Date: _____

Goal: Develop sociological explanations and distinguish evidence from common-sense assumptions.

Learn

Sociology examines patterned relationships, institutions and processes that shape everyday life. It does not simply collect personal opinions or repeat common-sense explanations. An individual choice is made within opportunities, expectations and constraints that differ among people. Asking why students have unequal travel times, for example, can lead to questions about settlement, transport, class and public provision rather than only punctuality. Sociology connects with history, economics and political science, but its questions emphasise social relationships and institutions. Familiarity with society can support enquiry and also introduce assumptions that need examination. A strong explanation identifies a mechanism and evidence, while recognising variation and avoiding a single unsupported cause for complex outcomes. Connect an individual experience to a wider social relationship, institution or historical process. Distinguish a description from an explanation and question whose perspective is represented. Use respectful language and recognise variation within groups rather than turning a social pattern into a stereotype.

Worked example

Worked question shift: “Why is one fictional student late?” asks about an individual event. “How do transport routes and household resources shape travel time across students?” asks about a social pattern. The second does not deny personal agency; it investigates the conditions within which choices occur.

UNIT 01 · APPLY & EXPLAIN

Sociological questions: individuals and social relations

4. Distinguish describing unequal attendance from explaining it sociologically. [3 marks]

5. Original fictional investigation: Interview only students already attending an optional club to study barriers to attendance. Identify a bias and improve the design. [4 marks]

6. Explain how sociology and history can complement an investigation of changing family responsibilities. [4 marks]

Show your thinking with a drawing, diagram or explanation.

Pause & reflect

What can I explain now? What will I try again?

☐ I tried ☐ I explained ☐ I checked



UNIT 01 · ANSWER GUIDANCE

Sociological questions: individuals and social relations

1. It examines how employment schedules, income needs and educational access interact. Motivation alone cannot explain the conditions limiting attendance.
2. Familiarity does not establish accuracy. Its assumptions and supporting evidence may be selective or reflect a particular social position.
3. One case cannot establish a population-wide pattern. Compare access, resources and constraints across varied students before judging equality of opportunity.
4. Description records the pattern. Explanation examines relationships and institutions such as work, transport, household roles and school schedules that may produce it.
5. The sample excludes non-attenders whose barriers are central. Include varied participants and nonparticipants through an ethical, accessible approach, and avoid assuming respondents represent everyone.
6. Sociology analyses relationships, roles and institutions; history traces how those arrangements emerged and changed through time. Combining them avoids treating present practices as natural and unchanging.

Teaching note

Begin with a familiar experience, then ask which wider relationships make it possible or difficult.

Curriculum reference: https://cbseacademic.nic.in/web_material/CurriculumMain27/SecPart2/Sociology_SecP2_2026-27.pdf
Selected units; outcomes are publisher-defined. Practical, project and prescribed literature requirements must also be studied through school.