

PRACTICE WORKBOOK

CLASS 11

Psychology

Six selected-topic units with original lessons, scenarios and reasoned answers. All fictional scenarios and datasets are labelled. Supplementary school practice, not a complete syllabus or official examination.



6 practice units
36 tasks with answer guidance

Name / नाम: _____

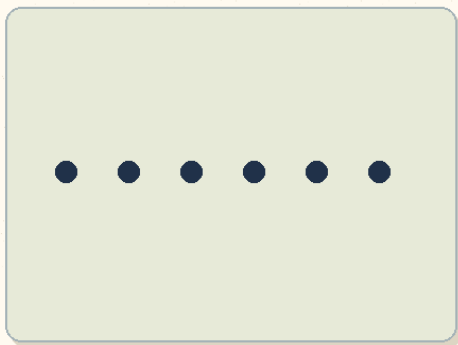
Original selected-topic practice. Use alongside school lessons and the prescribed textbook. The contents define this book's scope.

UNIT 03 · LOOK & EXPLAIN

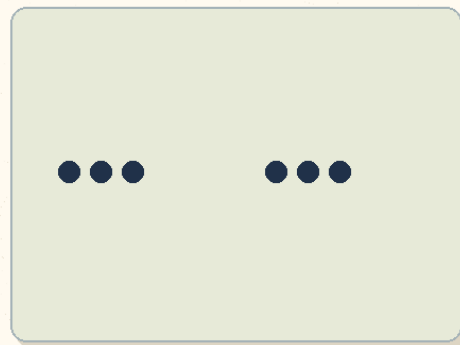
Attention and perception: organising information

Proximity changes perceived grouping

Same number of dots; compare their locations, not only the average



equal spacing



two close groups

Exactly six dots in each panel; only spacing changes.

Use the labels and worked example to explain the idea. The diagram is schematic unless a scale is given.

Look, annotate and explain

Identify the parts or values that matter. Add a label or annotation to show a connection. Explain how the diagram supports the worked example, then use it with the practice on the next page.

UNIT 01 · APPLY & EXPLAIN

Psychological enquiry: questions, variables and ethics

4. Original fictional classroom design: A researcher publishes names beside individual scores. Identify the ethical issue and a safeguard. [3 marks]

5. Original fictional experiment: The noisy group studies for two minutes and the quiet group for five. Explain the confound and improve the design. [4 marks]

6. Original fictional result: Ten participants recalled more words in silence on one task. Revise the claim silence improves every person's memory. [4 marks]

Show your thinking with a drawing, diagram or explanation.

Pause & reflect

What can I explain now? What will I try again?

☐ I tried ☐ I explained ☐ I checked



UNIT 01 · ANSWER GUIDANCE

Psychological enquiry: questions, variables and ethics

1. Independent variable: noise condition. Dependent variable: number of words correctly recalled.
2. Prior ability, motivation or other factors may affect both; direction and control are not established by association alone.
3. Club members may differ from other students in interests, experience or other characteristics. The sample may not represent the broader population the conclusion describes.
4. It risks privacy and unnecessary embarrassment. Use appropriate consent and anonymised reporting with limited access; participants should not be pressured into disclosure.
5. Study time differs alongside noise, so recall differences cannot be attributed to noise alone. Keep time and materials constant and use suitable assignment and instructions to limit other differences.
6. The result supports better recall in silence for this sample and task under these conditions. Larger, varied samples and replication are needed to generalise; other memory tasks or contexts may differ.

Teaching note

Keep classroom enquiry voluntary, non-sensitive and focused on learning a method.

Curriculum reference: https://cbseacademic.nic.in/web_material/CurriculumMain27/SecPart2/Psychology_SecP2_2026-27.pdf
Selected units; outcomes are publisher-defined. Practical, project and prescribed literature requirements must also be studied through school.